

## A PLEA FOR GOOD PIE

IT IS A WHOLESOME FOOD IF IT IS PROPERLY MADE.

The Crust Should Be of Wafer-like Thinness and Crisp and Flaky. Five Rules to Be Observed in the Making of a Perfect Pie.

Although food theorists and food cranks have varying opinions as to the wholesomeness of certain foods, they are all agreed in denouncing pie. It is the one dish most ardently condemned, and yet the one dish most universally liked—at least by Americans. Still, notwithstanding the bad reputation pie enjoys, it is a wholesome dish if properly made.

In making it the average housewife rolls out a heavy, sodden crust, and then spreads it in a thick layer over the bottom and sides of a pie plate. She forgets to rub this crust with the white of egg and immediately puts in the filling of custard, fruit or mince meat, whose juices will later soak into the crust, making it still more sodden. She then covers the pie, perhaps, with another layer of this thick pastry and puts it in an oven that is not hot enough. The oven should be so hot that the pastry will brown before the butter in it has barely a chance to melt. The crust will then be crisp.

Another reason why pies are so universally disapproved is that they are nearly always made with lard, or half lard and half butter. Lard should never be used in a pie or, in fact, in any dish. An eminent physiologist in a leading university says that "lard is the bane of American cookery and is fit for no stomach except a pig's." A tiny bit of lard in a batch of bread may be excusable, but even then butter is better.

All pie crust, of course, should be of wafer-like thinness. Not only are properly made crusts harmless, but some popular fillings are exceedingly wholesome. What, for instance, could be better than a custard or a pumpkin filling? The latter is, as a rule, only a custard rich in eggs, with an addition of pumpkin and a few spices, which are aids to digestion.

Without doubt all pies should be eaten in moderate portions, especially by delicate persons, but this rule applies to any dish. Even cream is not good for persons under certain conditions, yet no one but a crank would deny it to a person in good health. Many food faddists expect healthy people to live daily on an invalid's diet. There are five rules to observe in the making of a perfect pie. First, rub the undercrust with the white of an egg before putting in the filling to prevent it from soaking into the pastry; second, bake it in the hottest of ovens; third, place it in the lower half of the oven at first against the bottom, later removing it to the upper shelf; fourth, always place crust in the refrigerator to become thoroughly chilled and hard before filling and baking it; fifth, pound the pastry well until it is filled with air spaces.

Volumes could be written on the correct treatment of pastry. Any of the recipes in standard cookbooks will do, however, if a few details are carried out.

A marble board is an ideal arrangement for rolling pastry. A current household magazine suggests that the hideous marble tops of old fashioned tables might be fitted up for this purpose.

Smooth, even pie crust is an abomination, and yet many housekeepers think that is the proper way to have it, and sometimes they will even be heard to complain when by accident their pie crust is rough and almost breaking into wafer-like flakes. This flakiness is, however, the proper condition of pastry.

Pies as a rule are better adapted to a winter than a summer diet, because of the butter, which makes them too rich for warm weather fare. Fruit pies, however, are good at all seasons, and there are few things more attractive than huckleberry and other fruit pies even in the hottest dog days. There are also many good cold meat pies which are welcome at picnics. When preparing a chicken or meat pie it is always better to add a little baking powder to the regular rule for ordinary pie crust.

Add one cup of butter to every two cups of flour (pastry flour). Then chop together in a wooden bowl, with an ordinary old fashioned chopping knife, until the mixture is broken into small bits the size of peas. Add half a cup of ice water. Mix with a knife, then beat and turn and beat and turn until the whole is smooth, but full of lightness. This pounding and turning is better if done upon a marble board in a cool storeroom or cellar. Never touch the pastry with a spoon or the hand, but with a knife; then put it where it will become ice cold and hard before rolling it out.

There are several variations to this rule which can do no harm. If baking powder is wanted, add a teaspoonful to this amount of flour and butter.—New York Tribune.

Not So Attentive Now. "Is Tim Simmers still paying attention to Mandy Tompkins?" asked the man who had been away from home for some time.

"No," answered Farmer Cornatossel. "They don't neither of 'em pay any 'tention to the other. They're married."—Washington Star.

The Truth of It. "Yes," said old Skinner proudly. "Iuck and pluck made me, but mostly pluck."

"Yes," interrupted the man who knew him. "Iuck in finding people to pluck."—Exchange.

Money can be lost in more ways than won.—Philadelphia Record.

with her.—Manchester N. H. American.

## Sociability and Ease.

There is not that conflicting antagonism between difficulty and ease that is commonly imagined. Many persons count the former as the bane of existence, to be avoided as far as possible, and the latter an agreeable friend, whose presence is always to be courted.

On the contrary, however, they are both elements of human life intended to work in harmony with each other, and thus to produce a beneficial effect upon us that neither one could effect alone. Every difficulty rightly treated leads by a direct road to ease. How hard and perplexing were the first trembling steps of the infant as he tottered to his mother's knee! A year or two later and the very easiest thing the healthy child can do is to leap, to run, to bound. Now he is slowly learning the forms of the letters and painfully endeavoring to trace them with the pen, but in a short time he will read and write without an effort. So with everything he undertakes to do through life. Its difficulty when courageously accepted and coped with gradually yields to its easy and smooth performance.

## His Brand of Birds.

Nearly every man, woman or child who goes to Jefferson City pays a visit to the penitentiary, for, though a gloomy, forbidding place, it has a strong interest. While acting as assistant city counselor Jacques Harvey was at the capital on some legal business and wandered up to look over the "pen." He joined a party making the rounds, one member of which was a little girl. She became interested in the convict who handles the revolving cage that lets visitors in and out, and stopped to talk to him:

"Do you find it dull here, sir?" she said.

"Indeed I do, miss," the convict answered.

"Still," said the child, "the singing of the birds helps to relieve the monotony, doesn't it?"

"Singing of the birds?" said the convict in a puzzled voice.

"Yes," said the little girl.

"What birds?" asked the man.

"The well meaning but ignorant child with a hopeful smile replied:

"The little jail birds. They must be a great comfort to you."—Kansas City Independent.

## Truth Comes Out.

Timkins—So that mixing enterprise of yours proved a failure, eh? Simkins—Yes; a total failure. Timkins—But I thought you said there was a fortune in it. Simkins—Well, mine's in it.—Chicago News.

## NOTICE.

Notice is hereby given that the following described lands will be sold at public auction on the 4th day of September, A. D. 1905, at the Court House in the County of DeSoto, or so much thereof as will be necessary to pay the amount due for taxes herein set opposite to the same, together with the cost of such sale and advertising:

OWNER.	DESCRIPTION.	Section.	Township.	Range.	Acres.	Amount of Taxes and Cost.	
Geo C Lodgebridge	lot 11 sub of nels	9	41	20	10	\$ .68	
I H Tralove	els of nels	13	41	22	80	4.08	
I H Tralove	els of sw 1-4 & sw 1-4 of nw 1-4	14	41	22	120	4.88	
Len R Davis	all	14	35	23	671.40	19.85	
Gulf & Ocean Realty Co.	nls & sw 1-4 & nls of se 1-4	14	35	23	561.12	16.85	
B E Bourland	sw 1-4 of se 1-4	15	37	23	40	1.63	
Joseph Misch	els of sw 1-4	15	38	23	80	45.95	
J A Dickey	se 1-4 of ne 1-4 & wls of se 1-4 & els of sw 1-4	16	38	23	200	6.23	
Chas L Harding	els of ne 1-4	17	40	23	80	2.77	
M M Smith & Co.	sw 1-4 of ne 1-4	17	40	23	40	1.37	
J L Jones, Agent	sw 1-4 of sw 1-4 or lot 1	34	40	23	95.00	2.78	
H D Farrabee	nw 1-4 of sw 1-4 and sw 1-4 of se 1-4	35	38	24	6	.71	
Charlotte Carlton	wls of nw 1-4 of nw 1-4 of se 1-4	19	33	25	120	3.92	
L A Gleaton	w 1-2 of sw 1-4 & se 1-4 of sw 1-4	19	33	25	120	3.92	
Wm Byrre	all	10	33	35	640	18.93	
J M Alford	undivided one-half interest in all less nw 1-4 of nw 1-4	34	34	27	600	7.68	
Land & Trust Co of Florida, Limited	All fractional less n 1-2 of ne 1-4 and w 1-2	26	38	30	210	2.14	
Southern States Land and Timber Co	Town of Grove City s 1-2 of	17	41	20		.68	
Geneva Moreman	lots 13, 14 and 15 block B4 Original Survey of Tralove—Town of Punta Gorda, secs 1 and 2 and secs 3 and 4	12	41	22		8.08	
I H Tralove	lots J, K, L, M, and lot N less 40 by 80 feet and less 80 feet diamond shape off ne end of block 20	7	41	23		8.53	
I H Tralove	all less lots 7 and less sw 1-2 of original lot 1	6	41	23	85	3.19	
I H Tralove	se 1-4 of se 1-4 less right of way of R R and that part subdivided into lots and blocks and less land of E Votitzky and less lot 24 block 6	26	40	23		.91	
Unknown	and lot 1 or all fractional	34	40	23		.68	
Unknown	and se 1-4 of ne 1-4 and lots 1 and 2	34	40	23		7.01	
Unknown	all less lots 1, 2, 3 and 4	34	40	23		1.50	
A W Gilchrist	Town of Nocatee—Railroad Survey s 1-2 of nw 1-4	26	38	24		1.76	
Mrs. D A Wood	all sections 25 and 26	36	37	34		.98	
Gore & Scott	lot 1 west of range line	31	37	25		1.54	
Unknown	lots 13 and 14	37	40	23		1.50	
Unknown	lots 15 and 16	37	40	23		1.76	
A W Gilchrist	all less lots 1 to 10	37	40	23		.98	
Unknown	lot 4	37	40	23		.71	
Unknown	lots 7 and 8	37	40	23		.98	
Unknown	lots 4 and 5	37	40	23		2.68	
Mc Swain	lots 12, 13 and 14	39	39	23		1.54	
E R Watson and D L	lot 7	39	39	23		1.50	
Mrs M A Hewitt	lot 8	39	39	23		1.76	
J A Rowand	50 by 150 feet ne corner	39	39	23		.98	
A E Fousser	Town of Wauchula—Railroad Survey w 1-2 of sw 1-4 of sec 1 and e 1-2 of se 1-4 west 19 feet of 40 of east ends of lots 11, 12 and 13	4	34	25		1.01	
A L Turner	Town of Bowling Green, s 1-2 of s 1-2 of nw 1-4 and n 1-2 of ne 1-4 of sw 1-4 and w 1-2 of sw 1-4	4	33	25		.68	
W P Rich	lot 16	3	39	23		2.76	
Est J J Ogg	all	3	39	23		1.28	
Unknown	Undivided 1-2 interest in lots 2 and 3	3	39	23		.91	
Unknown	e 1-2 of	3	39	23		.91	
Unknown	w 1-2	3	39	23		.91	
Unknown	all fractional	3	39	23		.91	
Unknown	block 28	3	39	23		.91	
Unknown	block 34	3	39	23		.91	
Unknown	block 38	3	39	23		.91	
Unknown	block 40	3	39	23		.91	
Unknown	all	3	39	23		.91	
Unknown	Avon Park	27	21	33	28	1	.71
Unknown	lot 5	34	22	33	28	1	.71
L F Packard	lots 4 to 7 inclusive, Gov. survey	23	23	28	105.75	5.70	
R F Davidson	W C. LANGFORD, Tax Collector DeSoto County.						

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